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***Tuesday, September 14, 2021***

**Breakout Session 1: 10:15-11:30 am**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Supporting Students in a Pandemic: How to Build a Virtual Tutoring Program  
(Quality Element 1: Programming & Youth Development)**

Ronald Bastien, Odyssey Atlanta

The pandemic brought about an unprecedented number of challenges, especially in terms of education. As a community-based organization, we brainstormed the best way to support our families and students without having the face-to-face, in-person interaction like we normally would. Offering free tutoring to every one of the students we served immediately appeared to be the best way. After weeks of hard work, we created a system that allowed for an almost seamless system for both our scholars and volunteer tutors. This webinar will break down how we got from an idea to a well-oiled machine.

**Model & Teach Entrepreneurial Mindsets & Skills to Youth  
(Quality Element 1: Programming & Youth Development)**

Scott Mann, VentureLab

Participants will work with VentureLab's youth entrepreneurship curriculum and reflect on their practice of modeling and teaching entrepreneurial mindsets and skills to youth. VentureLab knows entrepreneurship is more than starting a business; it's a way of thinking and doing that brings learning to life for all students, especially girls. In a constantly changing future, it is the entrepreneurial mindset and skill set that will allow youth to grow into passionate innovators and courageous change-makers of their communities. Starting young and providing consistent quality learning experiences, youth will learn to identify authentic opportunities, create innovative solutions, take calculated risks and redefine failure as a learning opportunity. We need the adults in their lives equipped with the necessary knowledge and tools to help make this happen!

**Math is a Superpower! (Quality Element 2: Linkages with the School Day)**

Mary Curry, MANGO Math Group

Math ability is the single strongest indicator of students future academic and financial success. Now, more than ever, it is crucial for us to champion math. All students can succeed in math with perseverance, positive attitude and creativity. Games can be the answer. Math games create a unique opportunity for students to experience math beyond a worksheet. It provides them an opportunity to think creatively and strategically. Games take away the stress and the stigma of mathematics. Students are much more willing to communicate and collaborate over a game than they would over a worksheet. This session will teach fun games and activities you can do with your students to help them gain math fact mastery and problem solving development. The games help students to think about numbers and how they can apply to real world concepts. Attitude is either a big deterrent or accelerant of mathematics, depending on which attitude is presented by the educator to the student. Creating a culture of positive math attitudes helps to build students math skills and outlook. If you champion math, your students will see it as something they can and want to attain. Math is a SUPERPOWER!!

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***Tuesday, September 14, 2021***

**Breakout Session 1: 10:15-11:30 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

**EMERGING: Lessons from the Front Lines of New & Growing Mentor Programs  
(Quality Element 3: Environment & Climate)**

PANEL: Leslie Hale, MENTOR Georgia; Lemuel Laroche, Chess & Community; Lillian Kinsey, Young Designers Sewing Program; Kim Turner, Strong Girls; Anna Blount, Team Up Mentoring

This is a panel discussion with the founders of three community-based youth mentoring programs who have been through the growing pains of moving from an all-volunteer program to growing grassroots, responsive and funded youth mentorship programming.

**Ending the Silence (Quality Element 5: Health & Well Being)**

Sara Karaga, NAMI

*Ending the Silence* is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition. NAMI's *Ending the Silence* presentations include two leaders: one who shares an informative presentation and a young adult with a mental health condition who shares their journey of recovery. Audience members can ask questions and gain understanding of an often-misunderstood topic. Through dialogue, we can help grow the movement to end stigma.

**Youth & Mental Health: Here's What Young People Have to Say & How to Effectively Engage Youth Voice in Your Own Work  
(Quality Element 6: Staffing & Professional Development)**

Rachel Alterman Wallack, VOX ATL; VOX ATL Youth Co-Facilitators

Hear directly from young people about what they want and need adults to know about mental health today. By sharing young people's voices and supporting participants' analysis of those stories alongside Georgia youth 2021 mental health data, this session will increase participants' knowledge of Georgia teens' views of mental health needs and access to supports, as well as healthy approaches to self-expression, strategies for using trauma-informed/healing-centered practices for SEL and fostering communication to promote healthy conversation about mental health. Youth are not generally included in conversations around their own mental health, despite client investment being crucial to positive outcomes. Hear from youth about what works for them to reduce stigma and foster communication about mental health and well-being.

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***Tuesday, September 14, 2021***

**Breakout Session 2: 11:45 am-1:00 pm**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Incorporating Environmental Education into Afterschool Programming  
(Quality Element 1: Programming & Youth Development)**

Kasey Bozeman, Georgia 4-H

Even before the COVID-19 pandemic, families and young people struggled to find time in their busy schedules to be outside. A growing body of research suggests there are numerous physical and mental health benefits to spending time outside, such as reduced stress, greater cognitive functioning and increased physical activity. Environmental Education (EE) is often lauded by educators as an ideal way to integrate academic disciplines, stimulate the academic and social growth of young people and promote conservation of the natural environment. Whether we bring nature into the classroom, take students outside to learn or find impromptu teachable moments on a nature walk with our families, EE has many benefits for youth, educators, schools and communities. During this workshop, participants will learn about the history and importance of environmental education before participating in multiple EE activities that foster teambuilding, creativity and problem solving, centered around environmental concepts. Participants will leave the session with 10 different environmental education activities that they can easily incorporate into their afterschool programming.

**Culturally Relevant SEL for Afterschool (Grades 6 - 12)  
(Quality Element 1: Programming & Youth Development)**

Hotep, Hustle University

Today, more than ever, our country's students need social emotional learning that is relevant to their unique culture and experience. Unfortunately, the majority of SEL programs miss the mark. Not only are most SEL curriculum lacking in relevancy, they are also taught incorrectly. In this session, educators will be provided with evidence-based, practical strategies and resources for engaging students of all races and socio-economic backgrounds in meaningful activities to share, critically analyze, problem-solve and overcome traumatic experiences, mis-information, negative feelings and beliefs so they can navigate life successfully.

**Chess, STEM, Standards & Fun: Facilitate Chess in Your Programs  
(Quality Element 2: Linkages with the School Day)**

Stephen & Pat Schneider, Championship Chess

Chess improves math, reading and problem-solving, increases concentration and boosts creativity. We will demonstrate how to use chess in the classroom, including accessing effective online learning tools and weeding through those that are inappropriate. Whether or not you know how to play, use chess to support strategic thinking at all ages (K-12)—beginners through tournament players. This interactive session uses PowerPoint slides, video and chessboard demonstrations to introduce chess concepts and strategies as a means to meet the creative, social, academic and developmental needs of children. Participants collaborate to solve and share chess problems that address specific cognitive outcomes, discovering possible ways to implement chess in their afterschool programs.

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## ***Tuesday, September 14, 2021***

### **Breakout Session 2: 11:45 am-1:00 pm, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

#### **Afterschool Youth Speak Up About Quality (Quality Element 3: Environment & Climate)**

Rachel Alterman Wallack, VOX ATL; VOX ATL Youth Co-Facilitators

Want to know what young people think of afterschool programs, what they need and what makes them participate? We've asked them - and you can, too. Youth are not generally included in conversations around quality youth development - even though their buy-in and participation is crucial to achieving positive outcomes (especially as they get older)! In this session, you'll hear directly from youth and other key stakeholders about what high quality youth development really looks and feels like. And you'll learn about how to infuse youth voice in your agency operations, governance and management for a youth-friendly afterschool program top to bottom.

#### **Understanding Trauma Through ACEs Science (Quality Element 4: Relationships)**

Anna Blount & Amy Hunnewell, Team Up Mentoring

Take an in-depth look at Adverse Childhood Experiences science, from its discovery in the early 1990s through today's groundbreaking work. Explore the short and long-term effects of ACEs on the body, brain and biology. Learn how to recognize common signs of trauma in children and adults while examining and reframing personal assumptions about trauma survivors.

#### **A Vision for Family & Child Wellbeing: Georgia's Child Abuse & Neglect Prevention Plan (Quality Element 7: Organizational Practices)**

Deborah Chosewood, Department of Family & Children's Services; Jennifer Stein, Prevent Child Abuse Georgia

Prevention and Community Support is the section within the Georgia Division of Family and Children Services that is tasked with managing federal and state funding streams supporting programs and initiatives to prevent child maltreatment. This past year, PCS worked in partnership with Prevent Child Abuse Georgia to update Georgia's State Child Abuse and Neglect Prevention Plan (CANPP). PCS staff will review the 2020 CANPP and offer opportunities for providers from across the state to get involved in prevention efforts.

#### **Mentoring: Building Up Kids While Connecting with Families (Quality Element 9: Family & Community Partnerships)**

James Rayford, Gwinnett County Public Schools Community-Based Mentoring Program

Participants will learn how the Gwinnett County Public Schools Community-Based Mentoring Program goes beyond the mentor-mentee match by providing additional resources, activities and events that strengthen their social and academic development. Participants will also learn strategies for identifying students and utilizing local school resources to support student learning. The session will also provide best practices for increasing parental support and how to build relationships with business and community stakeholders.

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***Wednesday, September 15, 2021***

**Breakout Session 1: 9:00-10:15 am**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Technology is Not “Ruining” Teens: How to Use Today’s Communications to Drive Engagement (Quality Element 1: Programming & Youth Development)**

Maurice Garland & Rachel Alterman Wallack, VOX ATL

TikTok to promote programming? Instagram stories to share your story? Yes, really, right! Afterschool staff and youth from VOX ATL share their experiences in creating materials that engage youth in skill-development while also supporting program retention, recruitment and culminating events. Experience young people’s most widely used communications platforms and hear from teaching artists and youth about how they incorporate youth voice to tell the story of their work, promote skill building while promoting engagement. We’ll debunk the myth of young people’s technological demise and offer strategies to bring back to your own program. Participants will also receive an annotated activity guide for hosting your own future youth-driven communications creation session. Like it or not, social media is how tweens and teens connect, and since their participation in afterschool is dependent on buy-in, this session helps participants leverage the positive influence of peer-to-peer communications. We’ll demonstrate how youth voice not only creates effective communications materials, it’s a skill and engagement building strategy to boot. Afterschool staff will develop communications skills and increase awareness of technology tools they can maximize for this engagement.

**Inspire Students to Achieve in Reading (Quality Element 2: Linkages with the School Day)**

**Dawn White & Melissa Ramirez, Corners Outreach**

Discover creative techniques to build at-risk students’ reading achievement level using a holistic approach to learning. Corners Academy’s Afterschool Program integrates various aspects of research-based best practices that inspire students to achieve in reading. Parents, educators, volunteers, business and community leaders, along with the Corners Academy staff partner for the academic success for each Corners Academy student. Through partnerships with Title 1 schools in Gwinnett and DeKalb Counties, Corners Academy is committed to bringing low-achieving students to their reading grade level using quality curriculum, recruiting committed volunteers and supporting parent involvement in the educational involvement of their children. All of the instructional activities are interactive and hands-on, where students experience learning through real-world application including culturally-relevant projects. Social and emotional skills are taught using affirmation statements and team building projects. Students engage in discovering certain attributes such as resilience, empathy, resourcefulness and integrity; these attributes are the foundations from which the students may apply them throughout their lives. Emotional intelligence stands as an equal partner to academic aptitude. By teaching students how to apply life skills, they take charge of their own responsibilities and accomplishments. Encouraging parents to become actively involved in their children’s academic schooling is also promoted.

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## ***Wednesday, September 15, 2021***

### **Breakout Session 1: 9:00-10:15 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

#### **Through the Looking Glass: Using a Trauma-Informed Approach Virtually & In-Person (Quality Element 3: Environment & Climate)**

Alexandra Cory & LeKara Simmons, GCAPP

According to the ACEs study in 2016, 64% of children have experienced one or more Adverse Childhood Experiences. These experiences have lasting impacts, including increased risky behaviors, chronic and infectious diseases, a decrease in educational opportunities and poor mental health. By using a trauma-informed approach virtually or in-person, educators can promote equity and a greater sense of safety among their participants, leading to an enriching learning environment for all. Participants will become familiar with the key principles of a trauma-informed approach and practice adapting lesson plans to avoid triggering or re-traumatizing young survivors.

#### **Teaching 21st Century Skills Through Physical Activity Aligned with Academics & Social-Emotional Learning (Quality Element 5: Health & Well Being)**

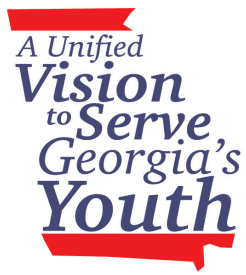
Stacy Bagues & Michelle Fowler, PowerUp Fitness

Expanded learning programs play a critical role in teaching today's youth 21st-century skills to excel both academically and in society. Physical activity, aligned with academic standards and social-emotional learning, is proven to increase student focus, increase academic performance, foster more student engagement in learning material, boost self-confidence, improve problem-solving skills and even reduce the frequency of school nurse visits. In this session, attendees will: (1) gain a better understanding of active learning, (2) how to foster active learning in expanded learning programs, (3) engage in an interactive discussion on current physical activity programming, sharing of best practices and current barriers to physical activity in expanded learning, and (4) take away more than thirty applications of physical activities aligned with Math standards, English Language Arts standards and Social-Emotional Learning skills.

#### **Advocacy 101 (Quality Element 7: Organizational Practices)**

Uzma Azhar, Georgia Statewide Afterschool Network

Advocacy does not need to be hard! It's more important than ever to tell the story of your program's impact. This session will provide tips, tools and strategies to help make your voice heard in support of afterschool programs.



Georgia Afterschool  
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***Wednesday, September 15, 2021***

**Breakout Session 1: 9:00-10:15 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Family & Community Learning in Virtual Spaces  
(Quality Element 9: Family & Community Partnerships)**

Kimberly Mobley, Georgia Public Broadcasting

Public media's Ready To Learn initiative has traditionally engaged families and educators in hands-on learning through creative play in community settings, including Head Start centers, libraries and schools. In the wake of COVID-19, local PBS stations and their partners have adapted their services to engage families over digital platforms for synchronous and asynchronous activities. Join GPB to learn about RTL's emerging practices in transitioning from in-person to virtual engagement with families and educators of children ages 2-8, especially those in low-income communities.

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## ***Wednesday, September 15, 2021***

### **Breakout Session 2: 10:30-11:45 am**

You may join the meeting room up to 10 minutes before the scheduled start time.

#### **Preparing to Be a Professional (Quality Element 1: Programming & Youth Development)**

Alexandria Griner, Gordon County 4-H; Abbie Salmon, Floyd County 4-H

This presentation will cover a series of four lessons created by University of Georgia faculty to teach youth career readiness skills. Many youth, particularly those in at-risk environments, do not receive formal education in how to engage with others in a professional setting. Participants will receive an overview of the need for professionalism training for youth and an in-depth experience with each of the lessons. These lessons provide simple guidelines and practical activities for all youth to learn to present themselves to others as a professional. Lessons include: (1) Professional Communication 101 - email and phone etiquette; (2) Interviews 101 - preparing for successful interviews; (3) Thank You Notes - when and how to write appropriate thank you notes; and (4) Professional Dress - knowing what to wear at professional events. Participants will also view data related to the implementation of these lessons in two different youth audiences. Lessons will be provided to all participants for use with their own youth audiences.

#### **Mindful ART & SEL: Creative, Hands-On Activities for Virtual & In-Classroom Learning (Quality Element 4: Relationships)**

Stephanie Garses, kid-grit

This session offers several interactive, uplifting and thoughtful activities that inspire creativity as well as build social and emotional learning (SEL) skills. Participants will learn skills in observation, analyzing and understanding topics through the lens of visual arts, music and how these skills connect to SEL competencies. Bring your open minds, markers and paper!

#### **Building Resilience Through Relationships (Quality Element 4: Relationships)**

Anna Blount & Amy Hunnewell, Team Up Mentoring

The number one predictor of overcoming trauma is a secure connection to a caring adult. This workshop examines the resilience of the human body, brain and biology in response to trauma. Participants will gain a deep understanding of resilience in terms of risk and protective factors as well as the healing power of a secure connection with a caring adult.



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## ***Wednesday, September 15, 2021***

### **Breakout Session 2: 10:30-11:45 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

#### **Sleep 101 (Quality Element 5: Health & Well Being)**

Abby Keenan, Intrepid Performance Consulting

What is a key dynamic activity that impacts our daily functioning and physical and mental health in many ways? Sleep! We all need an age-appropriate amount of high-quality sleep on a consistent basis, but this essential part of our lives is often downplayed and deprioritized. In this session, you'll learn about sleep, why it's important, and strategies to improve the quantity and quality of sleep – for you and the youth you serve. You'll have an opportunity to build a pre-sleep routine, practice communicating to youth about sleep, and reflect on how you can help youth build knowledge and skills related to healthy sleep habits.

#### **Leading a Multi-Generational Workforce (Quality Element 6: Staffing & Professional Development)**

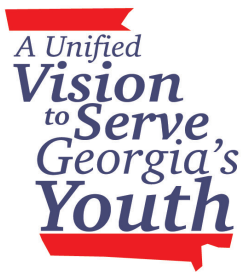
Alice Hall, Georgia Southern

Imagine a 22-year-old frontline staff asking to share her lesson plans with the director in a Google Doc for feedback or a frontline staff suggesting that the director communicate with staff in a GroupMe. Workplaces today include four generations of workers. This session will define generations and discuss the challenges in communication and collaboration between generations. Four tips for creating a cooperative and collaborative workplace will be shared. Discussions will include the challenges that leaders have faced with different generations in their workplace and what solutions and techniques have worked for them.

#### **Innovative Approaches to Student Engagement in a Rigorous Teen Pregnancy Prevention Research Study (Quality Element 7: Organizational Practices)**

William Green, Future Foundation

In 2016, Future Foundation, an Atlanta-based youth development agency, formed a partnership with Fulton County Schools, our local school district and Metis Associates, a research firm, to implement and rigorously evaluate our Second Family Model for preventing teen pregnancy among South Atlanta's high-risk middle schoolers. With support from a Personal Responsibility Education Innovative Strategies (PREIS) grant awarded by FYSB, Future Foundation pioneered innovative approaches to keeping youth engaged throughout the five-year research study. Future Foundation is eager to share with the field these successful student engagement strategies and information about how we pivoted during the pandemic to improve youth outcomes. Future Foundation aims to provide a pipeline of proven youth development, educational and health services. We have taken an exploratory and interpretive approach that can potentially translate into a number of opportunities for future research initiatives, both in terms of theory development and concept validation.



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***Wednesday, September 15, 2021***

**Breakout Session 2: 10:30-11:45 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Evolution, Evaluation & Excellence (Quality Element 8: Evaluation & Outcomes)**

Richard Eldredge, VOX ATL

A global pandemic (which forced our work completely virtual and online) was not a part of any afterschool nonprofit's strategic plan for 2020 or 2021. For youth-serving afterschool professionals, the pandemic offered an instantaneous master class on radically pivoting your work, all in a matter of hours in 2020. Among the challenges many of us faced, how do you simultaneously master a brand-new virtual world, stay connected to the youth in your care, grow your work, all while not losing sight of your nonprofit's core mission and values? Hear from youth service professionals and youth about how they transformed in-person programming to virtual — and maintained high levels of engagement, quality hands-on learning and excellent outputs by evolving with youth input and maintaining high quality standards of excellence.

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**Thursday, September 16, 2021**

**Breakout Session 1: 9:00-10:15 am**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Building Community in Digital & Hybrid Programming  
(Quality Element 1: Programming & Youth Development)**

Allison Hood, VOX ATL

How do you build community among people you've never met in person? We all know that positive relationships and community building are fundamental to quality youth development. Teens and Staff from VOX ATL will show you how they used high-tech and low-tech strategies for connecting and creating caring environments so successfully during the COVID-19 pandemic that participation rates never dropped and program connections increased in new ways.

**Social Emotional Learning & Healing Through Collective Story Telling & Listening  
(Quality Element 2: Linkages to the School Day)**

Tracy Wiley, Georgia Public Broadcasting

Children need to hear diverse stories in education. Stories have the power to connect, to heal and to empower us. Stories allow us to get to know ourselves and others better. Stories help us remember what we learn. Stories give us a voice. Everyone has a story. Join GPB Education as we explore the power of storytelling. With thousands of tools and resources available at no cost through PBS LearningMedia, every educator and student can find social and emotional learning by listening to and speaking the stories of our collective humanity.

**Creating a High Quality SEL Program in Out-Of-School Time with an Equity Focus  
(Quality Element 3: Environment & Climate)**

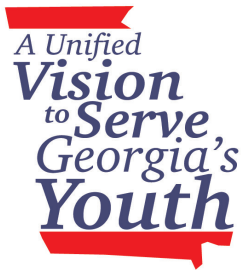
Sirocus Barnes & Avery Roberson, Georgia Tech CEISMC

Learn how Horizons at Georgia Tech provides its scholars with a high-quality SEL program with an equity focus. Learn about how Horizons at Georgia Tech uses tools from the Yale Center for Emotional Intelligence, daily SEL lessons and a weekly Life Skills class to ensure that their students are emotionally and socially prepared.

**HealthMPowers: A YouthMPowered Approach!  
(Quality Element 5: Health & Well Being)**

Dasia McKinnon & Akilah Flowers, HealthMPowers

At HealthMPowers, our goal is to empower healthy habits and transforming environments where children live, learn and play. We do this by promoting eating two fruits and three vegetables, drinking more water and less sugary drinks and moving for 60 minutes daily! We want to boost healthy eating and physical activity with youth leading the charge! Incorporating youth leadership, engagement and choice into site-wide health initiatives can effectively shape the culture while encouraging their peers to model healthy behaviors. This session is designed to demonstrate how Health Educators in the out-of-school time setting use youth voice to empower healthy behavior change. Participants of this interactive session will walk away with tips and resources they can use to activate youth leadership in out-of-school time centers.



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**Thursday, September 16, 2021**

**Breakout Session 1: 9:00-10:15 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Educating Our Youth Through Multiculturalism & Cultural Competence  
(Quality Element 7: Organizational Practices)**

Julian Smart-Rimple, EF Education First & Smart Jewelz Enterprises

It is never too early to begin sowing impressions of cultural competence and multiculturalism into students. The cultural and community influence needed to globally impact the world is in our youths' hands. In this session, we will learn how to implement an intentional model of connectivity and multicultural leadership development by using culturally diverse influences that will create the strong and driven youth leaders that we need today.

**Understanding the American Rescue Plan & How Your Program Can Access Stimulus Funds  
(Quality Element 7: Organizational Practices)**

Katie Landies & Uzma Ahzar, GSAN

Join the Georgia Statewide Afterschool Network (GSAN) to learn more about the American Rescue Plan's Elementary and Secondary School Emergency Relief Fund and how you can advocate to fund partnerships between school districts and community based afterschool and summer learning programs. GSAN will share resources, tips and tools for you to best advocate for your programs and access federal stimulus funds.

**Using Data-Informed Practice to Engage Family & Community  
(Quality Element 8: Evaluation & Outcomes)**

Candice Washington, Make A Way Consulting/Avery Consulting

Student data provides a deep dive into what works, what doesn't work and why. Students succeed when family and community stakeholders have the data needed to partner with their schools to reach educational goals. In order to be empowered to do this, they need to be informed and have a unified vision for their student's futures. The speaker will provide attendees with pragmatic success strategies detailing how to use data informed decision making as a way of engaging family and community - helping students excel and forge new avenues to achievement.

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***Thursday, September 16, 2021***

**Breakout Session 2: 10:30-11:45 am**

You may join the meeting room up to 10 minutes before the scheduled start time.

**Quick Connections With Youth**

**(Quality Element 1: Programming & Youth Development)**

Erin Lee, Early County Family Connection

You're not the guest speaker with a compelling life story. You're not the classroom teacher with a year to build meaningful relationships. You are the prevention professional who often has a "one and done" opportunity to impart some incredibly important information to youth. How can you maximize your time with students to build connections and increase receptivity to your message? Join us for this session to find out.

**The Power of the Arts: Dive Deep & Get Teens Talking**

**(Quality Element 1: Programming & Youth Development)**

Gina Moore, ARTreach 180

This workshop is directed toward participants with experience and/or interest in using creative exploration and discovery to strengthen social-emotional learning in out-of-school programs for adolescents. The main ideas to be covered are (a) the importance of connection and belonging to build healthy relationships; (b) strength-based strategies to motivate and engage adolescents in the process of self-awareness; (c) using visual art to give teens a voice to share their stories; and (d) the value of self-reflection. The session will employ a combination of research presentation, group activities, facilitated discussion, a guided art project and a time for self-reflection. This session is applicable to all middle and high school programs and may be adapted for older elementary as well. Because participants will not only receive a written guide for each of the activities, but will also be encouraged to engage in the activities virtually throughout the session, they will be fully equipped for implementing the activities in their own programs should they choose to do so.

**Smart Heart, Master Mind: Powering Up Social & Emotional Learning With GPB Education  
(Quality Element 4: Relationships)**

Tracy Wiley, Georgia Public Broadcasting

We all have the potential to be social and emotional learning superheroes through the six core competencies of SEL. These superpowers are key to advancing equity and excellence in education. They can help our students achieve academic and lifelong successes. They can help our communities implement collaborative solutions that lead to a just, thriving society. Join GPB Education as we strengthen our SEL superhero origin stories through self-awareness, self-management, social awareness, relationship skills, responsible decision-making and future self. With thousands of SEL support resources and tools available at no cost through PBS LearningMedia, the sky's the limit to what our students can believe and become.

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***Thursday, September 16, 2021***

**Breakout Session 2: 10:30-11:45 am, continued**

You may join the meeting room up to 10 minutes before the scheduled start time.

**No-Cost, Evidence-Based & Risk-Reduction Programs for Afterschool Settings  
(Quality Element 5: Health & Well Being)**

Sarah Wilkinson, Department of Public Health

This session will review evidence-based and risk reduction programs that are available for afterschool settings through the Chronic Disease Prevention Section at the Georgia Department of Public Health. Programs cover common concerns for youth, including healthy relationships and asthma. Participants in this session will be given an overview of ready-made programs that can be used in the afterschool setting. They will be given the contact information for each program manager who can facilitate the process of implementing these programs.

**Creating Resilience in Resistance Post Pandemic  
(Quality Element 5: Health & Well Being)**

Jewell Gooding, Silence the Shame

The challenges for the past year have been difficult, and how we react to life's stressors can have a positive or negative effect on our well-being. Being equipped with effective coping skills can boost resilience and reduce stress. Learn how to create resilience as we shift into a new world. Distinguish between mental health and the ability to use coping skills, identify coping strategies and create a plan that will support you in reducing stress and promote positive daily activities.

**Behavior Management Training That “Sticks”: Strategies for OST Supervisors  
(Quality Element 6: Staffing & Professional Development)**

Brandis Stockman, Promise South Salt Lake

Are you a supervisor who struggles to train staff in the complicated area of behavior management strategies? The training that “Sticks” model aims to provide an approach to behavior management training that promotes ongoing staff growth and development. This evidence-informed model was designed specifically for OST supervisors who face the unique challenges of the OST workforce: limited time for training, a high number of part-time staff, significant levels of staff turnover and working with staff who haven't had formal youth development training. Join us to learn how to incorporate specific behavior management strategies and walk away with a training structure and sample curriculum to implement with your staff team.

**Virtually Unstoppable: Resilient Family & Community Engagement  
(Quality Element 9: Family & Community Partnerships)**

Dawn Scott, Department of Education

Resilient, Connected and Engaged! This session will discuss the benefits of continuous digital outreach - including the personalization of family learning, school improvement and connecting with your community and beyond. Explore and design the ultimate resource hub to remain Virtually Unstoppable!