
Wednesday, September 26

- 8:00 am Check-In (Riverside Registration)
- 8:00 – 9:00 am Networking Breakfast with Participants & Exhibitors
(Iron Works Ballroom)
- 9:00 – 10:45 am Conference Kick-Off
The Intentional Program: How to Put More Muscle in Our Mission & Make It Happen Every Day
Michael Brandwein
- 11:00 – 12:30 pm Breakout Sessions
- **Growing Great Qualities in Kids: The L.A.S.E.R.B.E.A.M. Technique to Make Real Youth Development Happen Every Hour, Every Day (Sycamore A)**
 - **Engaging Kids & Families in Learning with GPB & PBS Kids (Room 102)**
 - **Culturally Relevant Teaching through African Storytelling (Room 103)**
 - **Fiery Conversations: Facilitating the Heat without Getting Burned (Sycamore C & D)**
 - **Building the Revolution: The Power of Human Connection (Room 206)**
 - **Mental Fitness Course (Foundry A)**
 - **Power Up for 30: All Kids in the Game! (Room 104)**
 - **Working With Youth is a Juggling Act: How to Keep the Balls in the Air (Room 211)**
 - **How to Find, Retain & Promote Talented Employees (Room 208)**
 - **Summer Learning Program Quality Matters (Room 201)**
 - **The Nuts & Bolts of Program & Professional Development (Room 202)**
 - **Activate Your Superpower (Room 203)**
- 12:30 pm Networking Lunch (Iron Works Ballroom)
Special Guest: Michael Brandwein

2:00 – 3:30 pm Breakout Sessions

- **Adolescent Health & Youth Development: Teen Pregnancy Prevention (Room 210)**
- **Educating Our Youth Through Multiculturalism & Cultural Competence (Room 208)**
- **Free Resources from the Federal Reserve (Room 202)**
- **Engaging Kids & Families in Learning with GPB & PBS Kids (Room 102)**
- **Bullying in the Millennium (Room 203)**
- **Oh, I Think They Like Me! Understanding the Difference Between Flirting & Sexual Harassment (Room 206)**
- **Beyond Race: Tools to Teach Social Justice! (Sycamore C & D)**
- **Farm to Out-of-School Time: Grow, Eat, Love! (Room 104)**
- **Meaningful Staff Appreciation is Not “One Size Fits All” (Room 211)**
- **Time Management for People Who Don’t Have Time to Take a Time Management Course: The Real Secrets to Getting Things Done (Sycamore A)**
- **Life Skills through Stage Skills: The Springer Theater Academy (Foundry A)**
- **What is SACERS-U & How Is It Used? (Room 205)**
- **Can We Get Some Parent Participation, Please? Developing Parent Engagement in Your Youth Program (Room 201)**

3:30 pm Break with Exhibitors

Wednesday, September 26

4:00 – 5:30 pm Breakout Sessions

- **Developmentally Appropriate Practices (Room 210)**
- **Implementing Game-Based Learning Opportunities (Room 102)**
- **Free to Be Me! Creating a Safe Space for LGBTQ+ Youth (Room 206)**
- **Conflict Communication: How to Deal with Disagreement, Conflicts & Hot People without Using a Weed Wacker (Sycamore A)**
- **Ready, S-E-T, Go: Building a Culture of SEL (Room 202)**
- **The Laws of Motion: STEM & Physical Activity (Room 203)**
- **Making Fitness FUNtastic! (Room 104)**
- **Empathy & Emotion Management in Action (Room 201)**
- **Proceed to the Route: Lessons from Siri on Giving Feedback to Gen Z Staff (Room 211)**
- **Digging Into DECAL (Room 204)**
- **Funding-Driven Programming or Program-Driven Funding? (Room 205)**
- **Rockstars Wanted: Engaging Your Volunteer Base (Sycamore C & D)**

Wednesday, September 26

Workshop Descriptions

11:00 – 12:30 pm Breakout Sessions

Growing Great Qualities in Kids: The L.A.S.E.R.B.E.A.M. Technique to Make Real Youth Development Happen Every Hour, Every Day (Michael Brandwein, Educator, Author, Trainer)

You'll use this every day! In this fun, engaging, exciting presentation, our keynote speaker presents a set of practical tools you can use immediately to identify exactly what behaviors we want to develop in young people and how to use positive communication and modeling to teach them. Develop outstanding behaviors that demonstrate great character traits and qualities such as teamwork, kindness, confidence, persistence, responsibility, respect and other keys to success throughout life. Saying "You have to show some respect!" and "Be nice!" and "Learn to be more responsible!" doesn't work. This session demonstrates precisely what to say and do to develop life-long behaviors for success. Be more positive and more credible when talking with young people of all ages. Build stronger self-images that lead to better and more healthy choices.

Engaging Kids & Families in Learning with GPB & PBS Kids (Tracey Wiley, Georgia Public Broadcasting)

Including adults as learning partners is a key component of Georgia Public Broadcasting's strategy to ensure that all children are given the opportunity to be successful in school and life. Our digital resources and family engagement workshops incorporate GPB and PBS KIDS curriculum-driven content designed to help parents and caregivers provide fun educational experiences that extend the learning beyond the broadcast. By leveraging the full spectrum of media and technology available to help build knowledge, critical thinking, imagination and curiosity, families can make "anytime learning time." Participants will walk away with strategies and resources to engage kids and families with PBS KIDS content that focuses on improving science and literacy skills.

Culturally Relevant Teaching through African Storytelling (Beth Reeves, Springer Opera House)

Drawing on experience from teaching afterschool classes for a challenging urban population, Ms. Reeves applies a unique approach by taking on the role of an African Griot. By engaging students in compelling stories, the Griot empowers young people to pass on a positive sense of cultural identity. Participants will be placed in roles as students and select cultural names, explore African folktales and reflect on the transcending power of story while directly addressing classroom management.

Fiery Conversations: Facilitating the Heat without Getting Burned (Eric Rowles and Fred Baker, Leading to Change)

Drama. Tension. Conflict. There are so many heated topics and challenges that our youth face today... how can you support them in making sense of the worlds they navigate? Come to this heated - but also HEALTHY - dialogue-focused workshop to learn how to FACILITATE multiple points of view with young people. You'll learn not one but FIVE different ways to facilitate these heated conversations and ensure that everyone can speak their mind... and agree to disagree.

**Building the Revolution: The Power of Human Connection
(Barak Gibson and Ronald Smith, Something New)**

NEW WAY trains students how to effectively and peacefully handle internal and external conflict. Building on the principles of Mahatma Gandhi, Nelson Mandela, Martin Luther King, Jr. and others, the nonviolence method of conflict reconciliation can be powerfully applied to any situation, any issue, any relationship. It has proven successful in all kinds of settings, from national power struggles to prisons, corporations, college campuses and high school classrooms. Whether the end is disciplined practice of the principles of nonviolence in a hostile setting, the ability to facilitate dialogue among people with different values and priorities or some other expression of peacemaking, this training provides an important piece in one's journey. Students will engage in fun, challenging and thought-provoking exercises that will bring personal reflection, healthy dialogue and communication. Training can create stronger bonds with peers and help each participant see the worth, value and identity of their gifts and talents.

**Mental Fitness Course
(Abby Keenan, Intrepid Performance Consulting)**

How often do you incorporate physical activity with building health knowledge and skills in your program? Exercising your mind and body together helps to stimulate creativity, simulate performance under pressure and make lessons more memorable. In this workshop, you'll have the opportunity to get up and moving while competing in small teams on health-related activities. During the course, you can expect to be challenged, build hands-on communication and critical thinking skills and learn new ways to add physical activity into your program. Mental fitness course materials will be provided.

**Power Up for 30: All Kids in the Game!
(Sequoya Howard, HealthMPowers)**

This session will provide practical strategies to help staff in out-of-school-time programs increase physical activity opportunities for youth by incorporating non-traditional games and icebreakers throughout their programming. Participants will also learn methods for modifying games to be more inclusive and engage youth of all ability levels. Participants will receive a HealthMPowers' Game Locker with 50 fun-filled games to engage youth!

**Working with Youth is a Juggling Act: How to Keep the Balls in the Air
(Kim Aycock, Camp 2 Camp Learning Solutions)**

Energetic youth, planning and leading activities, a busy schedule, and a multitude of responsibilities is a lot to juggle! Up-cycle "group juggle" team building activity to help staff become pros at managing the group development needs of youth and everything else on their plate. Teach your staff how to gracefully keep the many balls of working in afterschool programs in the air by breaking down a complex day/week/year into simple tasks and more. Staff will find their groove by working together to be on top of their game!

**How to Find, Retain & Promote, Talented Employees
(Julian Smart-Rimple, Boys & Girls Club of Metro Atlanta)**

This session will show best practices for marketing to millennials through creating career partnerships to demonstrate different strategies to keep millennial employees engaged, and display resources on how to teach employers to cultivate talented leaders with your company, school or organization's environment.

**Summer Learning Program Quality Matters
(Laenne Thompson, David P. Weikart Center for Youth Program Quality)**

What makes a good summer program? Learn about the Summer Learning Program Quality Continuous Improvement cycle - assessing quality, using data to plan and target program improvements - and what research shows about summer program quality.

**The Nuts & Bolts of Program & Professional Development
(Lisa Belliston, Quality Care for Children)**

This session will review Quality Rated, Georgia's method of examining program quality. We will share coaching processes utilized to implement quality improvement goals and how the program and coaches overcame barriers and challenges. Learn about resources you can use to meet your program's quality improvement goals!

**Activate Your Superpower
(JoVantreis Tolliver, Open Hearts Open Minds Open Mouths)**

Activate Your Superpower is a curriculum and workshop that helps students and youth to recognize their abilities, skills and gifts as superpowers. After all, we are all superheroes! Using the superhero theme, students are encouraged to become more aware of their uniqueness as an individual and intentionally seek to use and enhance their skills to contribute to society.

2:00 - 3:30 pm Breakout Sessions

**Adolescent Health & Youth Development: Teen Pregnancy Prevention
(Joyce Eskridge, Department of Public Health)**

Teen Pregnancy Prevention is significantly more than sex education... it is building healthy behaviors, developing life skills and promoting positive youth development. In this workshop, participants will learn four key goals: 1. PREVENTION - Adoption of obesity, drug, alcohol and tobacco prevention behaviors as well as abstinence through education. 2. SUPPORT - Provide support and coordination between district, county health departments and local youth organizations. 3. EDUCATION - Support educational and training efforts conducted by the district and county health agencies. 4. AWARENESS and COMMUNITY ENGAGEMENT - Support evidenced-based strategies which increase awareness of adolescent health, violence prevention and access to services.

**Educating Our Youth through Multiculturalism & Cultural Competence
(Julian Smart-Rimple, Boys & Girls Club of Metro Atlanta)**

It is never too early to begin sowing impressions of cultural competence and multiculturalism into students. The cultural and community influence needed to globally impact the world is in our youths' hands. In this session, we will learn how to implement an intentional model of connectivity and multicultural leadership development by using culturally diverse influences that will create the strong and driven youth leaders that we need today.

**Free Resources from the Federal Reserve
(Sherilyn Narker, Federal Reserve Bank of Atlanta)**

The Federal Reserve has a wealth of free digital and print resources available for you to use with students in the afterschool environment. This interactive session will walk participants through activities and explain how to receive the free materials. Materials for afterschool leaders in the elementary, middle school and high school environment are available.

Engaging Kids & Families in Learning with GPB & PBS Kids
(Tracey Wiley, Georgia Public Broadcasting)

Including adults as learning partners is a key component of Georgia Public Broadcasting's strategy to ensure that all children are given the opportunity to be successful in school and life. Our digital resources and family engagement workshops incorporate GPB and PBS KIDS curriculum-driven content designed to help parents and caregivers provide fun educational experiences that extend the learning beyond the broadcast. By leveraging the full spectrum of media and technology available to help build knowledge, critical thinking, imagination and curiosity, families can make "anytime learning time." Participants will walk away with strategies and resources to engage kids and families with PBS KIDS content that focuses on improving science and literacy skills.

Bullying in the Millennium
(Mosi Bayo, Department of Public Health/Sexual Violence Prevention)

This program will provide an overview of the myriad of ways that youth bully others, specifically, sexual bullying, and what can be done to intervene, individually and collectively.

Oh, I Think They Like Me! Understanding the Difference Between Flirting & Sexual Harassment
(LeKara Simmons, Georgia Department of Health)

Youth often find suggestive comments, pictures and other unsuitable flirting as the norm. Unfortunately, many young people consider those behaviors to be appropriate. A recent study that was conducted at the University of Illinois stated 21% of students reported being touched, grabbed or pinched in a sexual way, and 18% of students reported peers brushing up against them in a suggestive way. This interactive workshop will guide participants through various activities that will help differentiate between sexual harassment and flirting to assist youth-serving professionals in developing strategies to create an environment that is free of sexual harassment.

Beyond Race: Tools to Teach Social Justice!
(Eric Rowles and Fred Baker, Leading to Change)

In this very POWERFUL workshop, practitioners will be exposed to the various layers of identity that our students claim in their diverse worlds and how afterschool providers can understand and support some of the most pertinent needs facing today's student. Fast, quick and hands-on, this POWERFUL presentation is specifically designed for individuals that are currently or plan to work directly with students and ready to go "deeper" with exploring race, culture, privilege and class in today's settings.

Farm to Out-of-School Time: Grow, Eat, Love!
(Ashley Rouse, HealthMPowers)

If they grow it, they'll eat it. Having an active garden program can influence kids' choice and consumption of fresh fruits and vegetables, but changing long-term eating habits means expanding nutritional programming using hands-on experiential learning in the out of school time setting. Participants will learn about successes and challenges of cooking and gardening in an afterschool program.

**Meaningful Staff Appreciation is Not “One Size Fits All”
(Kim Aycock, Camp 2 Campus Learning Solutions)**

Showing gratitude to staff is not “one size fits all” as not all people want to be appreciated in the same ways. Learn to speak a variety of dialects for appreciation and give meaningful and authentic recognition to staff for the valuable work they do without the cookie cutter. A long list of budget-friendly ideas for expressing gratitude will be shared and added to by participant contribution. Increase engagement and create a more positive environment for the staff (and youth) in your programs!

**Time Management For People Who Don't Have Time to Take a Time Management Course: The Real Secrets to Getting Things Done
(Michael Brandwein, Educator, Author, Trainer)**

By popular demand, an encore presentation of an ASYD conference favorite: this enjoyable, creatively presented, no-nonsense session demonstrates six groups of outstanding tools that have been acclaimed by busy people for their flexibility, practicality and ease of use. Boost your productivity right away while reducing unnecessary stress. You don't have to use all of the techniques every day – just when you need them. They can be applied quickly and tailored to your individual needs and work habits. Get special techniques to defeat procrastination and reduce interruptions. Increase productivity and efficiency. Get more what needs to be done in a new and better way that replaces the usual “to do” list with something simple that helps you produce high-quality work more efficiently.

**Life Skills through Stage Skills: The Springer Theater Academy
(Sally Baker and Heather McLendon, Springer Opera House)**

Since 1996, the Springer Theatre Academy has been a regional leader in theatre education for K-12 students. Through a series of accessible and flexible theatre activities, participants will gain a sense of the Academy program while also learning the underlying philosophy of creativity, collaboration and acceptance. The impact of the Springer Theater Academy extends beyond the walls of the theatre and reaches into all areas of Columbus through its alumni and current students.

**What is SACERS-U & How Is It Used?
(Jennifer Bowen and Kimberly Brickey, DECAL – Bright From the Start)**

This workshop will inform participants about the components of the assessment tool, SACERS-U, as well as give them suggestions on how to use the tool for continuous quality improvements. There will also be a discussion about how the tool is used as part of the Quality Rated Program through DECAL.

**Can We Get Some Parent Participation, Please? Developing Parent Engagement in Your Youth Program
(Nicole Steele, Diamond in the Rough)**

Building parent engagement is one of the biggest challenges facing large and small youth programs alike. Are you seeking creative ways to set a new expectation while equipping, empowering and engaging the parents of your youth? Are the parents in your program disengaged and ill-informed? Do you find it difficult to connect with parents or create parent buy-in? Are you exhausted and feeling overwhelmed when it comes to the lack of support of the parents in your community? Join Dr. Nicole Steele as she shares insight and tips from over 25

years of experience working with youth and parents in various capacities. Gain practical tools and skills that can be implemented right away and foster a family friendly youth program.

4:00-5:30 pm Breakout Sessions

Developmentally Appropriate Practices (J. Lamont Harris, Georgia Quality)

Creating a learning environment that is safe, secure and full of opportunities for learning takes planning. This workshop covers the essential components necessary for an out-of-school-time program to meet the developmental needs of children. This workshop will also reintroduce and introduce participants to the age and individual stages of growth and development for school-agers. Attention will be given to age and individual appropriate activities, interactions and environments.

Implementing Game-Based Learning Opportunities (Lindsey Tropf, Immersed Games)

Learn why using games with your students is about more than just “engagement.” As educators, we know engagement alone isn’t sufficient to develop the skills students need, and games offer an ideal platform for hands-on, interest-driven learning that moves far beyond engagement. This session will present a pedagogical and research overview of using games-based learning, introduce the varied types of educational games in the market and discuss how they can be used to support afterschool programming and school content links. Participants will end the session by identifying potential programmatic needs that games could be well-suited to solve and with concrete best practices for game-based implementation.

Free to Be Me! Creating a Safe Space for LGBTQ+ Youth (LeKara Simmons, Georgia Department of Health)

Schools and afterschool programs are known to be safe spaces for students to learn, grow and develop. However, for some youth, the school environment is a place where they feel a sense of discomfort and face harassment. According to the CDC, youth who identify as LGB (lesbian, gay or bisexual) are two times more likely to be bullied on school property, two times more likely to miss school because they felt unsafe at school or on their way to/from school and four times more likely to have attempted suicide than their heterosexual counterparts. As youth-serving professionals, it is essential that we ensure an environment that is free of bullying and safe for all students. In this workshop, learners will brainstorm and explore strategies on how to create a safe space for youth who identify as LGBTQ+.

Conflict Communication: How to Deal with Disagreement, Conflicts & Hot People without Using a Weed Wacker (Michael Brandwein, Educator, Author, Trainer)

This skill-packed session by an award-winning communication expert has been acclaimed internationally for teaching in an involving, engaging way; specific and practical techniques we can use immediately, with everyone, every day, to build better professional relationships, provide excellent service and lead stronger teams using more effective communication. Resolve conflicts constructively with less stress. Deal with greater confidence and credibility with contrary positions, disappointed and upset people and more. You will learn precisely what to say and what not to say when resolving disagreements, to not only act with respect but actually

improve relationships even when there is conflict. Immediately boost your persuasiveness and problem-solving using expert techniques to tailor responses to the needs and concerns of others. Use original and outstanding listening skills that are essential in building positive professional relationships.

**Ready, S-E-T, Go: Building a Culture of SEL
(Torah Speech, WINGS for Kids)**

Social and emotional learning is not just for kids – in fact, it begins with adults! In this session, participants will explore what SEL is and learn firsthand how to create a culture of SEL in their program or school by being S-E-T: supportive, engaging and thoughtful. This framework guides educators in building their own social and emotional skills to work with students. During the session, participants will discuss specific ways to be S-E-T, including how to be supportive, engage kids during downtime, be thoughtful and observant role models, begin meaningful conversations, acknowledge behavior and assign tasks to help kids build social and emotional skills. Led by an experienced SEL coach, this session will help participants develop their social and emotional skills around the S-E-T framework and leave the session with actionable skills and tactics to implement immediately. The session will include polls, role-playing and small and large group discussions.

**The Laws of Motion: STEM & Physical Activity
(Jess Wadleigh, Skillastics)**

Numerous studies have shown that children who are active and healthy have decreased behavior issues, an increase in academic achievement and a much better self-image. This workshop integrates STEM and Physical Activity in a unique format that helps develop healthier, more productive children. Don't miss this opportunity to participate in a one-of-a-kind workshop!

**Making Fitness FUNtastic!
(Sequoia Howard, HealthMPowers)**

Being in the out-of-school-time setting gives professionals an opportunity to impact the lives of youth in a variety of unique and positive ways, including developing an appreciation for lifetime fitness. This training will provide staff with strategies and ideas for increasing and integrating FUN fitness activities for health, enjoyment and social interaction throughout the out-of-school-time setting. Participants will also explore strategies and resources for assisting youth in setting customized fitness goals and increasing moderate to vigorous physical activity.

**Empathy & Emotion Management in Action
(Laenne Thompson, David P. Weikart Center for Youth Program Quality)**

In the SEL Challenge, a study of best practices in SEL, Empathy & Emotion Management skills were identified as important to youth success. This workshop will explore the staff practices that promote these skills in out-of-school-time and summer programs, with a focus on practice and reflection.

**Proceed to the Route: Lessons from Siri on Giving Feedback to Gen Z Staff
(Kim Aycock, Camp 2 Camp Learning Solutions)**

Most of us rely on technology to get us from point A to point B; however, there are times the advice "Siri" gives is not helpful at all. When the unyielding robotic voice mandates "proceed to the route," what does that mean? Equally frustrating is not knowing how to effectively

communicate with this new generation of staff. Learn from Siri to mentor and redirect Gen Z staff with specific feedback that aids in successfully recalculating their route to working with youth and each other.

Digging Into DECAL
(Michelle Radford Garris, DECAL – Bright from the Start)

This session will provide an opportunity for providers to ask questions about licensing, quality rated or any other general questions they may have in regards to school age programs

Funding-Driven Programming or Program-Driven Funding?
(Adrienne Penner, Nicole Pietro and Barbara Richardson, Boys & Girls Club of Metro Atlanta)

Too often, our organizational missions and strategies get co-opted by well-meaning funders. This workshop will illustrate the strategy behind Boys & Girls Clubs of Metro Atlanta's intentional efforts to ensure programs drive funding, not the other way around. We will take participants through the different relationship strategies, both internal and external, program strategies and evaluation and measurement systems that ensure satisfactory partnerships between the funders and the funded.

Rockstars Wanted: Engaging Your Volunteer Base
(Eric Rowles and Fred Baker, Leading to Change)

What if your volunteers came to your agency with a new sense of purpose? What if your volunteers came from a different part of the community than you've always accessed? And what IF your volunteers returned back to you... again and again? Don't miss this example filled training to learn EIGHT different strategies for volunteer engagement... and connections to your agency.

Thursday, September 27

8:00 am Check-In Opens (Riverside Registration)

8:00 - 8:45 am Networking Breakfast with Participants & Exhibitors
(Iron Works Ballroom)

8:45 - 10:15 am Breakout Sessions

- **STEAM: Rise of Entertainment Technology (Room 203)**
- **Incorporating Environmental Education into Afterschool Programming (Room 103)**
- **Self-Expression IS Social Emotional Learning: Here's How (Foundry A)**
- **Fitness, Standards, Common Core & So Much More! (Room 211)**
- **9 Steps to Creating a Culture of Caring (Room 102)**
- **Behavior Management & Relationship Building for the Under-Resourced Youth (Room 201)**
- **Building Trust & Gaining Rapport: How Casual, Small-Scale Programs Have Big Impacts on Teens (Room 204)**
- **The Hope Project: Incorporating Mental Health Coping Skills in Afterschool Programs (Room 205)**
- **Raise Them Up! Resilience Through Mind, Body, Community & Digital Balance (Room 206)**
- **Learn How to Implement Bullying Education (Room 202)**
- **Understanding the Many Layers of Change (Room 104)**
- **DFCS Afterschool STEAM Outcome Findings & Tools (Room 210)**
- **Connecting the Dots for Summer Hunger: Continued Access to Meals for Children & Their Families During the Summer (Room 208)**

Thursday, September 27

10:30 - 12:00 pm Breakout Sessions

- **Connecting Core Values to Passion, Purpose & Dreams (Room 204)**
- **Using iCivics to Improve Civic Engagement Among Georgia's Youth (Room 208)**
- **Math Rocks! Math Games that Make Every Child Successful (Room 203)**
- **Trauma STARS (Room 209)**
- **Teen Dating Violence: Identifying & Maintaining Healthy Relationships (Room 205)**
- **Asthma Self-Management Education: Effective Delivery Methods (Room 206)**
- **Feeding Teens, Fueling Voices (Foundry A)**
- **Staff Development: Nancy Drew Style! (Room 103)**
- **F.O.C.U.S... The Facilitative Feedback Flywheel (Room 102)**
- **Closing the Achievement Gap: The Afterschool Solution (Room 202)**
- **Crucial Conversations (Room 104)**

12:00 - 1:15 pm Networking Lunch (Iron Works Ballroom)
Wired for Greatness: A Collaborative Approach to Head & Heart Learning
Byron Garrett

1:30 - 3:00 pm Breakout Sessions

- **Make Your Lessons Rise: Cookie Cutters Not Allowed (Room 104)**
- **GENTS&GLAM: A Youth Development Strategy (Room 205)**
- **21st Century Skills: All Encompassing, All the Time (Room 202)**
- **Connecting the Dots: Primary Domino Games (Pre-K-2nd) (Room 203)**
- **Poetry, Performance & Power: Slam Poetry Ignites Youth Afterschool Programs (Foundry A)**
- **Relationships: To Relate Well to Others, You Have to Relate Well to Yourself (Room 204)**
- **Working with Youth Affected by Trauma (Room 103)**
- **Child Sexual Abuse Prevention Education: What Can You Do? (Room 201)**
- **Advocacy 101: Making Your Voice Heard (Room 211)**
- **Emergency Preparedness: Planning & Preparing for Emergencies & Disasters for Your Child Care Center (Room 206)**
- **Satisfied Customers?... Or Raving Fans! (Room 102)**

3:00 - 3:30 pm Break with Exhibitors

Thursday, September 27

3:30 - 5:00 pm Breakout Sessions

- **Building Self-Esteem with Storytelling, Writing and Even Rapping! (Room 202)**
- **Chess, STEM, Standards & Fun: Facilitate Chess in Your Program (Room 205)**
- **Growing GRIT: Guts, Resilience, Insistence & Tenacity (Room 102)**
- **TGIF! Thank Goodness It's Fun: Middle School Math Games (6th–8th) (Room 203)**
- **Dimensions of Diversity; Diversity, Equality & Inclusion (Room 206)**
- **Georgia's Child Sexual Abuse & Exploitation Prevention Technical Assistance Resource Guide (Room 201)**
- **School Health Policies (Room 207)**
- **Healthy Habits in Afterschool: What, Why & How (Room 208)**
- **Addressing the Poverty Mindset (Room 209)**
- **Team Building for Leaders (Room 104)**
- **How to Include Youth Voices in Program Evaluation (Foundry A)**
- **Lights on Afterschool: Planning Your Event & Engaging Your Community (Room 211)**
- **Family Engagement: Education's Best Kept Secret (Sycamore C & D)**

Thursday, September 27

Workshop Descriptions

8:45 - 10:15 am Breakout Sessions

STEAM: Rise of Entertainment Technology (Ty Woods and Chris Woods, Artportunity Knocks)

This workshop is an interactive session that dives into the power of Entertainment Technology and the influence it has on the minds of the tween/teen generation. We will interact with various techniques and strategies using music production and film technology to create mini-projects that will reinforce academic standards.

Incorporating Environmental Education into Afterschool Programming (Kasey Bozeman, Liberty County 4H)

Environmental education (EE) is often lauded by educators as an ideal way to integrate academic disciplines, stimulate the academic and social growth of young people and promote conservation of the natural environment. Whether we bring nature into the classroom, take students outside to learn or find impromptu teachable moments on a nature walk with our families, EE has many benefits for youth, educators, schools and communities. However, many youth development professionals do not have formal training in EE and may be intimidated by trying to incorporate EE into their current programming efforts. During this workshop, participants will learn about the history and importance of environmental education before dividing into groups and participating in multiple EE activities that foster team building, creativity and problem solving centered on environmental concepts. Participants will leave the workshop with 10 different environmental education activities that they can easily incorporate into their afterschool programming.

Self-Expression IS Social Emotional Learning: Here's How (Josie Footmon-Smith, Susan Landrum and Youth Presenters, VOX Teen Communications)

We all know that research from a variety of fields — from neuroscience to psychology — shows how social and emotional skills (SEL) are critical for boosting young people's outcomes for success in school and in life. There's a surefire way to increase your program's success in fostering SEL skills that will also amplify your organization's impact. We'll experience hands-on self-expression activities that build young people's confidence and capabilities, amplify their voices and help them connect with each other. Voice is fundamental to that process, and VOX brings you self-expression activities for the youth you serve to build this process into an afterschool program.

Fitness, Standards, Common Core & So Much More! (Jess Wadleigh, Skillastics)

Need activities that are easy to set-up, increase moderate to vigorous physical activity (MVPA) for every child at one time, are standards-based and meet some common core standards? If so, this one-of-a-kind workshop is for you!

9 Steps to Creating a Culture of Caring (Mike Ashcraft, Children's Choice)

Learn the secret strategies we used to become the #1 Top Workplace in New Mexico. In this session, we will share the successful systems and powerful practices we use to create an organizational culture of caring, collaboration and commitment. Learn how to get the right people with the right stuff to work for your organization. Learn how to decrease staff turnover, conflict and stress while increasing productivity, empowerment and job satisfaction. Learn how YOU can create a culture of caring by creating rituals, establishing relevancy and investing in relationships. Learn the art and science of making creativity, celebration and continuous quality improvement core components of your culture.

Behavior Management & Relationship Building for the Under-Resourced Youth

(Jarrett Wilson, Street Smart Youth Project, Inc.)

No matter how well a youth worker knows the subject matter or how well he or she can teach, a provider who cannot manage their group is finished before they begin! Out-of-school program staff face difficult demands and challenges with youth, especially in environments that do not have the same structure and expectations as a school setting. The Behavior Management and Relationship Building for Under-Resourced Youth Populations workshop focuses on building an effective program where youth learn and participate while staff save their sanity. After staff understand that what they see may be a result of risk factors within our youth's past learning history, they can assist them in unlearning these behaviors. This workshop incorporates the behaviorism theory (rewards and punishment); social learning theory (lead by example); and cognitive theory (working with the youth's level of development). Incorporating these theories can help out-of-school programs thrive and understand the youth they work with, while managing behavior and building positive relationships. Once youth programs identify best practices for behavior management, staff will be well prepared to persevere and not be discouraged in their efforts to engage with the youth we serve.

Building Trust & Gaining Rapport: How Casual, Small-Scale Programs Have Big Impacts on Teens

(Madison Mosely and Kelsey Simon, Gwinnett County Public Library)

In this session, we will explore fun small-scale programs and the impact these programs have on creating lasting relationships with middle school and high school age youth. At Gwinnett County Public Library, these programs have helped to build trust and rapport between teen users and staff, while also helping to grow leadership skills in teens. This session will include hands-on examples of tips and tricks you can use to build better relationships with teen audiences without a huge investment of time and resources.

The Hope Project: Incorporating Mental Health Coping Skills in Afterschool Programs

(Lisa Spears, Nicole Wasdin and Marlon Jones, Aspire Behavioral Health)

This session will introduce the importance of mental health awareness in afterschool programs. Attendees will learn skills, strategies and techniques to engage, educate and empower youth who struggle with mental health challenges.

**Raise Them Up! Resilience Through Mind, Body, Community & Digital Balance
(Julia Gabor, kid-grit and Jeffrey Jordan, Sportika Sports)**

Do your social-emotional and character education programs need a refresh? Join us and receive free hands-on activities in areas of mindfulness, health and nutrition, community engagement, digital/social media consciousness and service learning. Mindfulness has been shown to be effective in reducing stress, increasing attention, controlling outbursts, increasing social and emotional skills, developing empathy and increasing self-worth among other benefits. This session provides a BRAND NEW approach to the development of 21st-century skills with grit and resilience!

**Learn How to Implement Bullying Education
(Alice Hall, Georgia Southern University)**

This session will help participants understand and define bullying. Successful bullying education models/programs in the US and England will be discussed. Participants will take away multiple ideas and resources to use in their afterschool programs with youth and as professional development with program staff.

**Understanding the Many Layers of Change
(Folami Prescott-Adams and Mashona Council, HTI)**

This session will be conducted as an experiential learning session that will explore the common barriers to achieving successful cycles of continuous change in your afterschool youth development work environment. We will define change and examine what it means to execute sustainable change in a programmatic human services setting. We will delve into the traditional staff roles and best practices on leading change, managing change and being an agent of change. When organizational change occurs, what is the impact on the youth, the direct services staff, the community and the parents? This session will use the approach of The David P. Weikart Center for Youth Program Quality, which empowers education and human service leaders to adapt, implement and scale best-in-class, research-validated quality improvement systems to advance child and youth development. As it is normal for organizational change to occur, are you making sure that your strategies are based on positive youth development research and the desire to create a safe, supportive and productive environment for youth?

**DFCS Afterschool STEAM Outcome Findings & Tools
(Nesha Jairam, Georgia Department of Family and Children Services)**

This presentation will explore ways in which DFCS was able to measure their programming, gather data, engage in data-driven decision-making, make program improvement recommendations and continually re-access outcomes with a STEAM (Science, Technology, Engineering, Arts and Math) focus.

**Connecting the Dots for Summer Hunger: Continued Access to Meals for
Children & Their Families During the Summer
(Michelle Chivore and Sequoya Finch, Atlanta Community Food Bank)**

This session will highlight an innovative model implemented by the Atlanta Community Food Bank that allows children and their families to continue accessing supplemental nutrition during the summer. In 2016, the Atlanta Community Food Bank received funding from the ConAgra Foundation to expand their School Pantry Program past the regular school year schedule. In 2017, this model was expanded to include summer meals and

connect families to more meals as well as additional resources. This session will show how both programs leverage each other and connect families to meals during times when schools may be out and not able to provide access to meals.

10:30 am - 12:00 pm Breakout Sessions

Connecting Core Values to Passion, Purpose & Dreams (Cicely Anderson, Passion for Life)

Can you articulate your top 5 core values? Core values are the foundation of a person's decision-making process, drives behaviors and are key factors in the career planning and readiness process. When teenagers understand their core values, it provides clarity of who they are, their uniqueness and responses in life. Our goal in this workshop is to equip you to increase the numbers of teenagers that are confident, better decision-makers and select careers that align with who they are! In this workshop, participants will learn fun, innovative, practical tools and methodology to help high school students identify their core values to better understand themselves and value their individual uniqueness. As a result of your participation in this workshop, you will assist your program participants with building confidence, understanding how to make better decisions and gain clarity of how to utilize their core values to select careers that align with their passion and purpose.

Using iCivics to Improve Civic Engagement Among Georgia's Youth (Kathy O'Neal and Sunny Rogers, Georgia Family Connection Partnership/ iCivics)

It's critical for each generation to learn how our government works—including the power that young people have at all levels of their government and how they can access and use that power. In this workshop, we'll explore iCivics, a state-of-the-art, evidence-based civics curriculum that was developed by retired United Supreme Court Justice Sandra Day O'Connor and is available online free-of-charge. We'll discuss existing efforts to improve civic engagement in Georgia that you, as an afterschool program provider, can tie into, and will navigate the prepared lesson plans, student guides and computer games provided through iCivics that you can use to improve knowledge and civic participation among the students in your programs.

Math Rocks! Math Games that Make Every Child Successful (Stephanie Bainbridge, Box Cars and One Eyed Jacks)

Set your students up for success. In this session, attendees will learn how to use hands-on math games to make every child at any level successful. They will learn how to create an environment that fosters cooperative peer interaction, student growth and a love for math. Be prepared to play games that use dice and cards to teach fact fluency and number sense. Participants will learn how to easily differentiate math activities with a simple change of die or instruction to help students become more fluent and successful in math. Attendees will leave with ideas they can use right away. Game-boards, student samples and journal writing ideas will be shared.

Trauma STARS

(Erin Bednarczyk, CHRIS 180, Inc.)

This workshop provides participants with an understanding of how trauma impacts children, families, adults, caregivers and providers. The content will aid in an increased understanding of trauma, implications of complex trauma exposure, address child traumatic stress and secondary trauma with professionals and caregivers and considerations for practical approaches that can be used to enhance interactions and engagement with youth that have been exposed to trauma. This workshop will aid in helping participants identify trauma-informed integration strategies that can be applied to their work settings. Finally the workshop will address the creation of a trauma-informed practice through Trauma STARS (Safety. Trustworthiness. Awareness. Relationship Driven.) model of integration.

Teen Dating Violence: Identifying & Maintaining Healthy Relationships (Tomieka Daniel, Georgia Legal Services Program)

This workshop is designed to empower those who work with today's young people. Teen dating violence affects young people across Georgia, regardless of race, nationality, economic background and geography. Not only does dating violence lead to negative physical and mental health outcomes, but it is also linked to risky behaviors such as unsafe sex, drug abuse and suicide. We will define Teen Dating Violence by discussing concrete examples of violence. We will also discuss and identify healthy dating relationships and how to educate youth on recognizing the signs of healthy and unhealthy relationships. The workshop will discuss social media's influence on today's youth. We will analyze the applicable Georgia laws regarding domestic violence and stalking. Additionally, we will discuss dating violence through the lens of digital abuse and how those actions can negatively affect the future of our youth. Finally, we will discuss what resources are available to assist those youth who are struggling with dating and domestic violence.

Asthma Self-Management Education: Effective Delivery Methods (Joanna Hill, Department of Public Health - Georgia Asthma Control Program)

This workshop will cover the importance of providing AS-ME in community-based organizations. Research has shown that with proper asthma self-management education, patients with very poorly controlled asthma will have to the opportunity to learn vital skills to help them manage their asthma and ultimately, leading to decreased emergency department visits and inpatient stays. The Georgia Asthma Control Program recommends using an evidence-based curriculum (i.e., Kickin' Asthma for 11-16-year-olds, Wee Breathers for 0-7-year-olds) when administering AS-ME. There also may be possible funding opportunities, provided by DPH, for this initiative.

Feeding Teens, Fueling Voices

(Susan Landrum, Josie Footmon-Smith and Youth Presenters, VOX Teen Communications)

Afterschool service providers know the importance of feeding teens to keep their bodies and minds fueled for program activities, but there is so much more to eating than just food. Snacks and meals can be an opportunity to build community, learn about one another and level the playing field. Food is also a way to celebrate, to model healthy behaviors and tell personal stories. So, let's eat! Come and discuss the ways you use food at your organization. Brainstorm and learn how to prepare healthy meals on a budget with limited resources (i.e.,

a crockpot and an electric skillet). Trade ideas on how to incorporate food as an intentional part of your programming. Last but not least, let's talk about how we can inform this practice with teen voice.

**Staff Development: Nancy Drew Style!
(Kasey Bozeman, Liberty County 4H)**

Meaningful staff professional development opportunities are imperative for quality youth development programming, but have you ever met an adult that wants to view PowerPoints for fun?!? As a way to enhance critical skills youth development professionals need to be successful, a mystery team building exercise was developed – complete with clues and locked boxes! Through this activity, skills such as teamwork, communication, cooperation, problem solving and critical thinking are exercised. During this workshop, participants will divide into groups and try to solve the mystery – just like Nancy Drew! A critical time for reflection and application will also be incorporated into this session. Participants will leave the workshop with all the documents necessary to replicate this activity in their own setting. Bring your magnifying glass, and get ready for some fun!

**F.O.C.U.S... The Facilitative Feedback Flywheel
(Mike Ashcraft, Children's Choice)**

Feedback is a fundamental and crucial practice of an effective leader. Continuous learning and improvements are “mission critical” for educators and caregivers who share in the mission of helping kids develop life skills. Being able to give employees clear and constructive feedback about their performance is essential for facilitating (making easier) their own continual development. In this session, we will share tried and true tips and tricks for giving feedback that is FOCUSED on issues, not personalities; FOCUSED on results; and FOCUSED on future success. Learn skills for giving feedback that will make your job as a leader easier, more fun and more effective. Learn how to develop a culture that takes advantage of the learning opportunities inherent in mistakes.

**Closing the Achievement Gap: The Afterschool Solution
(Tricia Crossman and Nancy Sanabria, United Way of Greater Atlanta)**

When it comes to educational outcomes for young people, demonstrating progress on absenteeism, behavior and grades fall to the schools, but what role does the afterschool community play? How can the afterschool and summer learning providers be a driving force in moving the needle on child outcomes? In this session, you will learn about the new Child Well-Being index developed by United Way of Greater Atlanta and its partners and discuss how data and continual quality improvement is critical to success.

**Crucial Conversations
(Patrice Benton and Christine Woolford, BELL Foundation)**

As youth development professionals, we have the unique privilege of building long-lasting relationships with children and families. Yet, one misstep in parent engagement and communication and the integrity of the relationship can take many months to repair. If you have ever found yourself thinking, “I wish I had more tools to effectively communicate and engage families,” then this session is for you! During this session, participants will discover how to effectively communicate difficult information to families. Participants will thought-partner with co-attendees and walk away with strategies to more effectively communicate with families.

1:30 - 3:00 pm Breakout Sessions

Make Your Lessons Rise: Cookie Cutters Not Allowed

(Mashona Council, Council Consulting, LLC and Folami Prescott-Adams, HTI Catalysts)

The internet is a great resource for finding lesson plans, but those lesson plans may not be the most accurate, appropriate or outcome-driven for quality programming. This session will help participants to perform a quality check on the lesson plans they pull off-line or photocopy from a book. You'll learn how to turn a random idea into a high-quality youth activity.

GENTS&GLAM: A Youth Development Strategy

(Santina Fryer, GENTS&GLAM)

GENTS&GLAM is a youth development strategy designed specifically for rural communities. GENTS&GLAM provides youth with positive opportunities designed to help them succeed. This workshop will focus on the development, implementation, branding/sustainability and evaluation of a youth development strategy.

21st-Century Skills: All Encompassing, All the Time

(Meredith Scott Lynn, Write Brain World)

Education modalities, with a focus on 21st-century skills-building, highlight the importance of collaboration and problem solving, close observation and critical thinking, making connections, communicating and creating systems. 21st-century learning environments and opportunities are essential to prepare all students for the challenges of work, life and citizenship in the 21st century and beyond. Participants serving students at all grade levels will engage in a hands-on, interactive session on how to create a learning environment and project-based literacy activities that activate 21st-century skills in students.

Connecting the Dots: Primary Domino Games (Pre-K-2nd)

(Stephanie Bainbridge, Box Cars and One Eyed Jacks)

In this session, attendees will learn how to provide students with hands-on activities and games focused on improving math skills and number sense at all ability levels. They will learn how to create a learning environment that fosters student growth, excitement and cooperative peer interaction. Participants will also learn how to easily differentiate math activities to help students of all ability levels become more successful. Be prepared to play games that incorporate the use of easily found dominoes to teach the following concepts: numeration, patterns, graphing, place-value, operations/fact fluency, including 2-digit work, problem-solving and chance. This manipulative is easy to use, integrates into your math program and appeals to all students - it is just one of those manipulatives that "feels great to work with." This workshop will show you the powerful math connections and problem-solving opportunities that can be made with domino activities. Many games are great for centers and Family Math Nights. Attendees will leave with ideas they can use in their classrooms the very next day. Game-boards, student samples, journal writing extensions, math talk and time-saving management tips to use right away will be shared.

Poetry, Performance & Power: Slam Poetry Ignites Youth Afterschool Programs

(Josie Footmon-Smith and Teaching Artists, VOX Teen Communications)

Experience the power of slam poetry to connect teens with each other and within a community, to strengthen their communications skills and confidence and to explore social issues that matter to them. This interactive session explores specific strategies to bring the national movement of slam poetry as a revolutionary tool to the teens and youth you serve. We'll bring the poets and share the passion.

Relationships: To Relate Well to Others, You Have to Relate Well to Yourself (Lori A'more, 4 Evamor, Inc.)

In this workshop, we will learn the importance of knowing oneself in order to relate well to peers and youth. We will use self-assessment activities as a tool for relationship building. There will be two interactive activities to encourage each participant to look closer at themselves and their life experiences to determine how it affects the way they relate to their peers and youth. We will practice using the findings to build supportive, nurturing relationships.

Working with Youth Affected by Trauma (Anna Blount, Team Up Mentoring)

Participants will walk through an overview of the sources and effects of childhood trauma and how that trauma affects youth in classroom and afterschool programs. Then, participants will discuss factors that promote resilience and how they can be agents of hope as educators. Participants will leave with a toolkit of interventions and strategies for working with youth affected by trauma. This session is highly interactive and uses a team building approach to learning.

Child Sexual Abuse Prevention Education: What Can You Do? (Tiffany Sawyer and Nikki Berger, Georgia Center for Child Advocacy)

The Georgia Center for Child Advocacy is leading a statewide initiative to prevent child sexual abuse. This session will provide participants with facts about child sexual abuse and information about what their organizations and local communities are doing to combat this issue. One in 10 children will be sexually abused before age 18. Many adults are unable to protect children from sexual abuse because they are uneducated about the signs of abuse, the appropriate way to respond to disclosure and the proper steps for prevention. During this session, we will discuss how child sexual abuse happens, the importance of screening staff/volunteers who work with children, the importance of minimizing one-adult/one-child situations and developing well-conceived policies in organizations that support this, the tools to talk to children about their bodies and abuse, the ability to recognize the signs of sexual abuse and an understanding of the resources available to enable them to react responsibly to incidents of child sexual abuse. During the session, participants will watch short video clips, which integrates personal stories of sexual abuse survivors, sharing their experiences of trauma and healing with the perspectives of professionals working with various issues of sexual abuse. At the conclusion of this session, participants will have the opportunity to get involved with child sexual abuse prevention initiatives in their communities.

Advocacy 101: Making Your Voice Heard
(Katie Landes, Georgia Statewide Afterschool Network)

Advocacy does not need to be hard. It's now more important than ever to tell the story of your program's impact. This session will provide an overview of current state and federal advocacy opportunities and tips, tools and strategies to help make your voice heard in support of afterschool and summer learning programs and the youth you serve.

Emergency Preparedness: Planning & Preparing for Emergencies & Disasters for Your Child Care Center
(J. Lamont Harris, Georgia Quality and Lydia Thacker, YMCA of Greater Atlanta)

As the homeland security agency gives us feedback on the threats to our nation, school-age programs face special challenges in preparing for the needs of the children in their care. Learn what the Red Cross, the CDC, law enforcement, first responders and school systems suggest we do to be prepared for emergency situations. Those completing this workshop will have additional tools to help them deal with any emergency situation. Children will also benefit by being in a program that is prepared for an emergency situation, should one develop.

Satisfied Customers?... Or Raving Fans!
(Mike Ashcraft, Children's Choice)

Who are your "customers?" Children? Parents? Higher-level teachers? The community? How can you turn mere stakeholders into champions of your work? How can you transform customers into afterschool program ambassadors? Attend this session! The relationships we have with the customers we serve are an integral part of our work. Investing in customer service yields big results; when they love you so much they help you tell your story and help market what you do through word of mouth. Discover how to transform the relationships you have with key stakeholders to ensure they are huge, raving fans of your staff and your organization.

3:30 - 5:00 pm Breakout Sessions

Building Self-Esteem with Storytelling, Writing and even Rapping!
(Meredith Scott Lynn, Write Brain World)

Personal storytelling is a powerful tool for increasing the self-esteem of young people! In this unique, lively, interactive session, educators will learn how to inspire kids to find and explore their "own voice." Whether it's through daily journaling experiences, personal essay writing, spoken stories or rap songs, discovering one's own voice (and learning how to hear it and share it) is the KEY to self-esteem in young people. Educators will learn how to identify topics that are relevant and meaningful, show students how to express their unique points of view and encourage public speaking and writing by creating fun reasons for students to share their stories!

Chess, STEM, Standards & Fun: Facilitate Chess in Your Program
(Stephen and Pat Schneider, Championship Chess)

Studies show chess improves math, reading and problem-solving skills, increases concentration and boosts creativity. Steve Schneider will discuss positive benefits chess can offer students; introduce successful methods he has developed over the past 45 years to

help children learn to play chess; and share sample materials and tips. Research has shown that the systematic study of chess has far-reaching benefits for students. Chess can provide puzzles and problems that will enhance cognitive outcomes — visualization, thinking ahead, thinking concretely and abstractly, weighing options, focusing and planning. Chess study has demonstrated increased gains in problem-solving and comprehension proportionate to the amount of chess in the curriculum; improvement in reading and mathematics; and that chess consistently promoted self-esteem after a year of exposure. Playing chess also reaches across diverse cultures and motivates learning, stretching across language, age and gender differences and promotes teamwork and a sense of fair play. This interactive workshop uses PowerPoint slides and chessboard demonstrations to introduce chess concepts and strategies that are linked to the National Standards and provide a diverse range of programming that enriches children's learning experiences, promote academic skills and support positive social, academic and cognitive development. Participants will collaborate to solve and share chess problems that address specific cognitive outcomes. In guided discussion and brainstorm, participants discover ways to implement chess programs. Handouts provide puzzles and activities, guidelines for developing chess programs and scholastic chess resources. Participants will glean detailed information about the academic and social benefits of a systematic study of chess, how to implement a successful chess program in the schools and an understanding of the tools they will need to do so.

**Growing GRIT: Guts, Resilience, Insistence & Tenacity
(Mike Ashcraft, Children's Choice)**

Do you want to help children and youth develop grit? Learn how to help them gain the confidence to solve problems. Learn how to help them identify their own feelings and gain a sense of control over their thoughts and behaviors. Learn secret tricks to help them reduce stress and cope when bad things happen. Learn practical methods to build a foster a sense of curiosity that helps them discover and develop a long-term passion. Learn specific strategies to facilitate the development of important competencies like communication, community-building and conflict resolution... that will help them to get GRITTIER!

**TGIF! Thank Goodness It's Fun: Middle School Math Games (6th-8th)
(Stephanie Bainbridge, Box Cars and One Eyed Jacks)**

Turn that frown upside down. Who knew teaching and learning math could be this much fun? Set your students up for success! Here is your chance to help your students feel successful while having fun. Participants will learn hands-on, interactive and easily differentiated games that will increase student knowledge in many content areas of math. These games will incorporate the use of cards and dice to build confidence.

**Dimensions of Diversity: Diversity, Equality & Inclusion
(Lydia Thacker, YMCA of Greater Atlanta and J. Lamont Harris, Georgia Quality)**

This workshop will help participants understand that the Youth Development Movement is made up of people from all walks of life. We will explore the "Diversity Wheel" to learn about the Dimensions of Diversity and become more aware of opportunities to welcome everyone to your Organization as participants, staff and volunteers. Participants will benefit in that they will be able to celebrate diversity, grow their staff's cultural awareness and focus on the delivery of program tasks across a diverse spectrum. Additionally, participants will benefit by having more information and influence on their personal, professional and

team goals for diversity. Ultimately the children are the winners because they get better care and educational opportunities in an efficiently run program.

Georgia's Child Sexual Abuse & Exploitation Prevention Technical Assistance Resource Guide

(Tiffany Sawyer, Georgia Center for Child Advocacy)

The Georgia Statewide Human Trafficking Task Force, led by Criminal Justice Coordinating Council, recently released Georgia's Child Sexual Abuse and Exploitation Prevention Guide to address child sexual abuse and exploitation within the sexual violence continuum. Specifically, the guide discusses how schools and youth-serving organizations can engage in strategic, prevention-led approaches. This presentation will provide participants with background on the principles of prevention, developing a prevention plan, analysis of specific child-focused prevention programs and guidelines for implementation and evaluation.

School Health Policies

(Anne-Marie Coleman, Department of Public Health)

This workshop will provide technical assistance on A Positive School Climate (PSC) which aims to create an environment that promotes academic achievement, student engagement and positive social skills development. Dimensions of PSC include emotional and physical safety, healthy relationships and a supportive teaching and learning environment. The Georgia Department of Public Health supports schools to create a culture of PSC through the following sustainable School Health Policies: 100% Tobacco-Free Schools Policy, Asthma Friendly Schools Policy, Water Access Policy, Recess Policy, Food and Beverage Marketing Policy, Healthy Eating Learning Opportunities Policy, Nutrition Policy and Physical Activity Policy. This workshop is not only for school climates but also non-traditional school settings, afterschool environments and community-based organizations.

Healthy Habits in Afterschool: What, Why & How

(Monica Griffin, Children's Healthcare of Atlanta)

Afterschool and other out-of-school-time programs have an opportunity to promote health and well-being by increasing access to healthy foods and beverages, providing opportunities for physical activity and serving as healthy role models for kids. Health and well-being are recognized as an important component of quality out-of-school programming in Georgia; however, training and support to implement nutrition and physical activity best practices within the out-of-school time environment are limited. In this session, we will discuss the "what and why" behind the Healthy Eating and Physical Activity (HEPA) best practices and provide simple strategies for implementing them in youth programming. We will participate in interactive activities and learn new ways to make healthy habits education FUN! Success stories and lessons learned from implementing a Wellness Blueprint or written wellness plan, within a variety of out-of-school time settings will be reviewed. Participants will leave the session with new ideas and information about free online and in-person resources that are available through Children's Healthcare of Atlanta and elsewhere.

**Addressing the Poverty Mindset
(Hotep, Hustle University)**

Schools that serve low-income, minority communities tend to face similar and pervasive issues that are actually a result of the Poverty Mindset; a system of beliefs, attitudes and perspectives. This workshop clarifies misconceptions about poverty, defines what Poverty Mindset is, why it exists, how it secretly impacts our schools and what we can do to change it... permanently!

**Team Building for Leaders
(Folami Prescott-Adams and Mashona Council, HTI Catalysts)**

In this highly interactive session, participants will experience team building, reflect on the experience and plan some team building activities (and an overall approach) for their team(s). The session will provide engaging activities built around the Five Key Strategies for Team Building: 1. Understand personalities and work styles, 2. Work together, Collaborate, 3. Build Relationships, 4. Celebrate small wins and big gains, 5. Have Fun!

**How to Include Youth Voices in Program Evaluation
(Rachel Alterman-Wallack and Susan Landrum, VOX Teen Communications)**

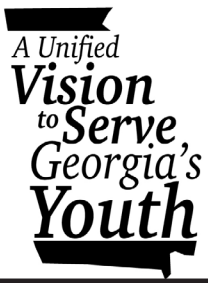
Youth input is one standard (1.6, 1.8) of quality programming, but it's not restricted to just student choice or creative output in program activities. Designing program goals and outcomes with youth input can help us craft the best possible model and develop target outcomes and strategies that really hit their mark! Engaging teens on evaluation assessment teams brings an authentic and relevant view to assessment and builds a pipeline of leadership in the organization while building meaningful and positive relationships with adults in the organization. Hear from practitioners who have engaged young people effectively and take home ideas, tools and an action plan for infusing youth input into your own program evaluation. Note: This session is most relevant to teen-serving organizations. It will focus on building the capacity of including meaningful youth participants as stakeholders in planning and implementing program evaluation. Get ready to play, design, discuss.

**Lights on Afterschool: Planning Your Event & Engaging Your Community
(Katie Landes, Georgia Statewide Afterschool Network)**

Never heard of Lights On Afterschool? Looking to expand your celebration? Regardless of your experience with hosting a Lights On Afterschool celebration, this session will provide you tips and tools to plan a successful event and use it as a strategy to increase the participation from community members and leaders.

**Family Engagement: Education's Best Kept Secret
(Byron Garrett, Author, Speaker, Educator)**

The concept of an engaged family takes on different forms depending on where you are located. The notion of a two-parent household is long gone and today, aunts, uncles, grandparents and neighbors make up the growing "extended family" engaged in the education process of young people. It's been said that a parent is a child's first teacher. Research shows clearly that family engagement is a leading indicator of student achievement and valued at an additional \$1,000 per pupil funding. With an increasing emphasis on families, this thought-provoking session will uncover the challenges to meaningful engagement while presenting solutions that minimize barriers for success.



Georgia Afterschool
& Youth Development
— Conference —

Friday, September 28

- 8:00 am Check-In Opens (Riverside Registration)
- 8:30 am Seated Breakfast (Iron Works Ballroom)
Awards Ceremony with Sponsors
- 11:30 am Closing (Iron Works Ballroom)

Friday, September 28